

2010 ADULT Membership Application
Mid Hudson Rowing Association

Name: _____
Home Phone: _____ Cell Phone: _____
Address _____

Email (for MHRA business only): _____
(please print legibly)
I DO NOT wish to share my phone number / email for club communication

Emergency Contact: _____ Phone: _____

Relationship: _____

ROWING IS BY ITS NATURE A PHYSICAL SPORT. AS SUCH ANYONE PARTICIPATING SHOULD BE IN GOOD PHYSICAL HEALTH. IT IS ADVISABLE TO CHECK WITH YOUR PHYSICIAN BEFORE STARTING ANY NEW SPORT.

Allergies / Health Problems that may be impacted by rowing or its associated activities: _____

Membership Fees (payment plans available)

- Annual (April 1, 2010 - March 31, 2011) Individual \$350.00 Family \$550.00
Other Summer Student \$150.00 Short Term \$100.00 per month for ____ months
 MHRA members are eligible to store private boats in the HRRA boathouse

MHRA IS A VOLUNTEER ORGANIZATION

We exist as a result of the talents and energies of our membership. All members must make themselves available for volunteer work throughout the season. There are many opportunities to volunteer, such as shell maintenance days, helping with Learn-to-Row sessions, or committee work. It is the responsibility of every member to contribute to the improvement of MHRA both on and off the water. Most of our members already give generously of their time and talent, and we want to encourage that spirit in ALL of our members.

To complete your membership application:

1. Download waivers from our web site and sign them: US Rowing and HRRA Community Boathouse
2. Sign this application and mail with waivers and payment to: Mid Hudson Rowing Association
P.O. Box 683, Poughkeepsie, NY 12602

I have read and agree to abide by MHRA club and safety rules.

(Posted on MHRA website and in the boathouse)

Signature: _____ Date: _____