

# MID-HUDSON ROWING

## Adult Rowing - Weekends & Weekdays Sculling & Sweep Rowing

Flexible Schedule

Learn to Row & Sculling Clinics

Classes begin June 1, June 15, June 22 and July 6



Mid Hudson Rowing  
[www.midhudsonrowing.org](http://www.midhudsonrowing.org)  
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