



Mid Hudson Rowing Association Learn to Row Schedule - 2024

Two ways to start your rowing experience with Mid Hudson Rowing Association:



Try Rowing! Sample the basics of rowing in tanks and on the erg, and boat handling

Free!

June 8th 10:00 am-12:00 pm



Learn to Row - Sweep rowing...start your rowing experience

Eight classes - **\$175**

Tues & Thurs 5:30 - 7:00 am; Sat & Sun 7:00-8:30 am

1st Session: 6/11 - 6/23

2nd Session: 7/9 - 7/21

Enrolling is easy. Just send an email to learntorow@midhudsonrowing.org letting us know which class you're interested in, and we'll get back to you!



Connect with us

<https://midhudsonrowing.org/>

